

Boomer Babes with Brilliant Dreams

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boomer
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rock!

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La Shawn Barber is a member of the Blog Board of Contributors for the Washington Examiner, and her articles, essays, and book reviews have appeared in the Washington Post, Washington Times, Christian Research Journal, Christianity Today, Today's Christian Woman, Beliefnet.com, National Review Online, Townhall.com, and other publications.

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#1. Our Dream-Zine encourages boomer babes to achieve the dreams of our heart ...please share a dream you have achieved in your life and what you learned as a result of that achievement.

-- For as long as I can remember, I've been drawn to the written word, reading and writing. One of my dreams was to have a published article. The dream became reality about five years ago. Since then, I've been published in places like the *Washington Post*, *Christianity Today*, and *Christian Research Journal*. Next dream: publish a book!

#2. Please share a life lesson that has altered your world significantly.

-- I wasted 11 years of my life being a drunk. I'll never get the "lost" time back. The lesson altered my life. Today, I've been sober for 11 years, and I'm determined to waste no more years!

#3. What can you do now, as a boomer babe, you would never have done, or never could do, when you were younger?

-- I'm not quite a baby boomer (born in 1967), but I can say this with certainty: Now that I'm getting older, I've adopted a "What do I have to lose?" attitude. Fear is something I can't afford, and courage is something I can't live without. Saying and *meaning* those things are two things I could not have done 20 years ago, 10 years ago...

#4. When you look at the boomer generation in general, what are you most proud of in the way of our accomplishments?

-- Their sacrifices for family.

#5. If you could give other boomer babes only ONE piece of important advice, what would it be and why?

-- Be **bold** in everything you do!

