



(...as in "Rock-n-Roll!")

Boomer Babes with Brilliant Dreams

www.BoomerBabesRock.com

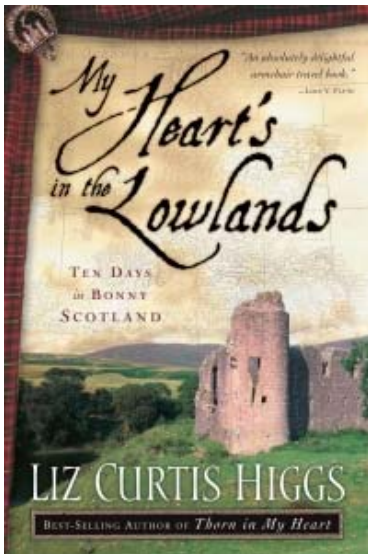
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Liz Curtis Higgs

**Author
Speaker
and
"An Encourager"**



Since 1986 **Liz Curtis Higgs** has presented more than 1,500 encouraging programs for audiences in all 50 states and 8 foreign countries. She has been a featured guest on PBS, A&E, MSNBC, NPR, CBC Canada, BBC Radio Scotland, *Focus on the Family*, and *Janet Parshall's America*. Liz is the author of 25 books with more than three million copies in print, including her nonfiction bestseller, *Bad Girls of the Bible*, and her Christy-Award winning historical novel, *Whence Came a Prince*. Her newest book is *My Heart's in the Lowlands*. Liz is also a columnist for *Today's Christian Woman*, and lives with her husband and two teens in Kentucky. You can read more about Liz at <http://www.LizCurtisHiggs.com>



Liz took time from her busy schedule to speak with us at Boomer Babes Rock...

As a baby boomer woman, what do you find most comforting about growing older?

Here's the thing: only your *body* is aging. Your heart, mind, soul, and spirit are still growing, still maturing, still soaring, still *young*. I'm always amazed when I catch a glimpse of my silver hair in the mirror because I still *feel* like I'm in my 20s! When we combine youthful enthusiasm with the kind of maturity and wisdom that only come from experience...look out, world!

At what point in your life did writing become your career? Did it find you or did you find it?

I wrote my first "novel"—printed with a No. 2 pencil in a marbled notebook—when I was 10, served as Editor in Chief of my high school paper through my teens, and majored in English in college. But I was 35 before I had my first article published, 38 before I sold my first nonfiction book, and 45 before I saw my first real novel in print. Though my other careers have included a decade in broadcasting and two decades as a public speaker, writing has, and will no doubt always remain, my first love.

As a little girl, what were the dreams of your heart and have you realized those dreams in some form or fashion as a woman?

The wild, weird, wonderful truth is, I am *living* my dreams! Writing, speaking, traveling, encouraging others...talk about a prayer come true! What I could not have guessed as a child was *why* I was called to write and speak. As the years have unfolded, I've realized the Lord had plans for me from the beginning. Any talents I have are his kind gift to me, so any glory I receive for pursuing those dreams *must* go to God!

How important is it for us to listen to our heart and why?

If our hearts are filled with God's Word and God's Spirit, we can certainly trust that inner voice, nudging us to do, to try, to stretch. What we *don't* want to listen to are the voices of those who don't share our vision. With each career shift (and I've had several!), someone always tried to talk me out of it using logic: "speakers don't make good writers;" or "nonfiction writers can't be novelists." That kind of thing. Unless it's my dear husband offering advice, or someone else I respect and trust, I quietly turn down the noise and stay the course. I also don't make hasty decisions, giving each idea time to sink in. When the voice inside me won't be silenced, I know it's time to take action.

What single piece of advice would you give to a fellow baby boomer sister who decides she has not been listening to the dreams of her heart and wants to change course in midlife?

Seek God's leading, then go for it! Ignore the naysayers. Be practical enough not to be foolish, yet daring enough to make a statement. Don't be shy. Once you've put things in motion, tell people what you are doing.. I have so many friends who've taken a big leap of faith in their 40s, their 50s, their 60s. **Life is too short to do anything less than what you feel called to do!**



Allison caught up with Liz just last month at the Jerry B. Jenkins Writing for the Soul Conference in Colorado Springs.

Liz was the featured keynote speaker and Allison was on faculty representing the God Allows U-Turns book series.

"Life with Liz"
1996-2005

57 articles by Liz

TODAY'S CHRISTIAN
woman

"Women in the Word"

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