



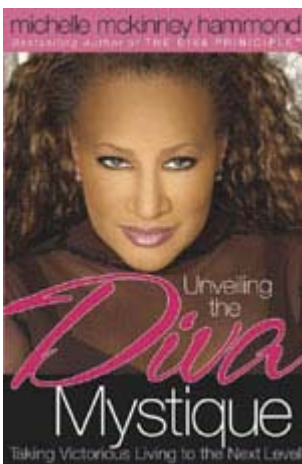
Michelle McKinney Hammond



As an author, speaker, television co-host and singer, Michelle McKinney Hammond wants you to live life to the fullest through fulfilling relationships with God, with yourself and with the opposite sex. She's helping women around the world celebrate their femininity and their relationships with one another.

THE AUTHOR - Someone once said that writing, when done well, is but a different name for conversation. With her dynamic, girlfriend-in-your-living-room writing style, Michelle McKinney Hammond has released her own special art of conversation onto men and women across the world, with books on living life single, as a woman, in interpersonal relationships and in relationship with God.

THE SPEAKER - Michelle McKinney Hammond is a frequently requested speaker for churches, universities, women's groups, general audiences, and seminars for couples, and is known for blending a refreshing femininity with hard-hitting reality checks.



THE SINGER - She frequently sings where she speaks, and believes singing messages from the heart. She doesn't believe in singing just to sing; Michelle sings because she has something to say. Shying away from performing, Michelle uses song as a communication vehicle to connect to the heart of her audience.

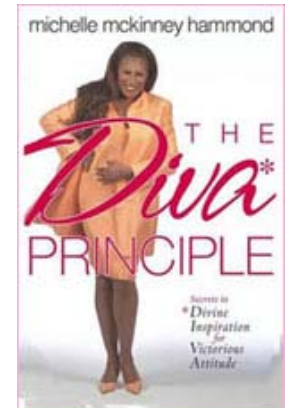
THE T.V. CO-HOST - Michelle McKinney Hammond's ability to share her convictions and insights in a non-confrontational manner landed her a co-hosting job on the cable television women's talk show, *Aspiring Women*, appearing in more than 100 markets across the country.

Visit her website at: www.michellehammond.com Here, you'll see what she's been writing and

talking about and why thousands of people across the globe consider her a woman after God's own heart.

You'll also want to visit <http://www.michellehammond.com/whataboutheministry/main.html> and learn all about HeartWing Ministries. HeartWing Ministries, founded by Michelle McKinney Hammond, was developed to minister to the mind, body and spirit of today's Christian community, especially women.

Get to know Michelle McKinney Hammond.



1. As a baby boomer woman, what do you find most comforting about growing older?

I have to say the older I get the more comfortable with myself I become. The most comforting thing for me is I now have the sense to make wiser choices than I did earlier in my life. I've finally learned not to take myself so seriously and laugh more than I weep. To treasure good long standing friendships and finally realize that my wealth lies in my relationships.

2. At what point in your life did writing become your career and did it find you or did you find it?

I would have to say that it claimed me from the very beginning of my life and finally hit me over the head and made me acknowledge it. I loved reading and writing while I was in school but I opted for art direction career wise which led me right back to writing. I'd call it destiny. I certainly couldn't get away from it even when I unwittingly tried!

3. As a little girl, what were the dreams of your heart and have you realized those dreams in some form or fashion as a woman?

Well to be perfectly honest I always wanted to be famous, in a big, huge, humongous way. I have not attained to the level of my fantasy yet, but who knows anything can happen. Certainly my motivation for a public platform has changed drastically. Before it was all about me but now its about being an agent of change for God's purposes and that is pretty exciting on a daily basis.

4. How important is it for us to listen to our hearts and why?

I think it's crucial to listen to your spirit. I can't really vouch for my heart but my spirit never guides be wrong because it's God talking. The more I need to really do something the more urgent the voice becomes until I find it pretty hard to ignore and I've never been sorry when I've followed

it's lead. Ultimately God knows what will make us happy and fulfilled. As we listen to His clear instruction we find ourselves in the midst of living life at our finest. The opposite of that is something called existing which gets old extremely fast

5. What single piece of advice would you give to a fellow baby boomer sister who decides she has not been listening to the dreams of her heart and wants to change course in midlife?

It's never too late to change course. So work up the courage and the plan and just do it. If you're stuck just close your eyes and imagine yourself in the same position you are right now five years from now and imagine how you will be feeling by then... that should be enough to jumpstart you and get you moving!



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